



**INTERNATIONAL
POLICE ASSOCIATION**
INTERNATIONAL EXECUTIVE BOARD

IPA Newsletter

July / August 2021

IPA on Fire



IPA membership can take you to ... Iceland!
Photo courtesy of IPA Iceland President Baldur Ólafsson

WORD OF INTRODUCTION

Operation Limelight

The force that drives the International Police Association is our membership. IPA members like you and me are the ones putting in the time, energy, and funding necessary for the association to exist. It is through the work of its members, that our non-profit association's mission is carried out. IPA members are truly the heart of the organisation. That said, many organisations like ours struggle with membership growth and retention. That's why over the next few months I will be spearheading a global IPA digital marketing initiative.

There are many definitions of marketing, with most referring to the promotion and sales of products or services. However, promotion is only accomplished when you communicate the offerings that bring value to your customers. IPA have a great brand, and by creating great social media and digital content we can increase our brand loyalty. As Walt Disney said, "do what you do well, and they will want to see it again and bring their friends."

Undoubtedly IPA provides a great service to its members ... a service through friendship. Our new digital marketing initiative aims to examine how we can best promote the value of IPA and boost engagement, all in an effort to recruit and retain membership. Successful marketing is much more of a process than an immediate solution, and it begins by understanding our current membership. It's important we gather information about our demographics including aspects such as age, education, professional experience, geographic location, and professional development interests. Only then can we meet our members' specific wants and needs through segmentation and targeting.

We will be using the SOSTAC marketing model, which explores the fundamental facets of marketing: **S**ituation, **O**bjectives, **S**trategy, **T**actics, **A**ction and **C**ontrol. Given the increasingly omnichannel nature of marketing today, leading to increased digital touchpoints and experiences for our membership, applying an effective, data-driven approach to our marketing strategy is more important than ever.



Implementing this model into the IPA will be a global journey requiring the support of innovative members who share the same passion in promoting the IPA brand. As this is a digital marketing initiative, we will utilise the expertise of IBZ Gimborn who will host several online workshops. Dates, times, and further information will be circulated to all sections in the coming weeks. I hope you can all join me. Click [here](#).

Bill Gates is credited with the quote "The internet is becoming the town square for the global village of tomorrow." Global Digital Marketing will take us on a journey where ingenuity and creativity can always win, and where we can inspire the future generations of IPA by creating brand loyalty.

Mick Walsh, Treasurer Finances

AROUND THE WORLD

New National Board

IPA Iceland



Dear friends,

In a small section where capacity is limited, Section Iceland was very proud to be heading into the third year (2020) in a row, where we would provide a professional seminar for our members. Then Covid happened and everything was cancelled.

As I mentioned in the 70th anniversary edition of the IPA Newsletter, I started the year 2020 in the Dominican Republic on vacation, and even though it's only been 15 months, it feels like decades ago.

It was therefore with some relief that we finally were able to schedule and hold our annual meeting on 28th May 2021. The meeting had been cancelled three times, but there was no stopping it this time, and an online meeting was something we did not want to do. Restrictions had been set at 150 people gatherings, and with all police officers vaccinated we could share a space, stories, and some well-deserved refreshments.

As if Covid wasn't enough, we had to deal with nature as well, which is turning out to be very good PR for Iceland with coverage even in American news programmes: A volcanic eruption started in the Reykjanes peninsula in March of this year, a few kilometres from the town of Grindavík. First responders have had their hands full dealing with all kinds of logistical issues concerning the eruption area, since it's a fairly easy hike to reach the edge of the lava flow. Thousands have hiked to the area to enjoy the view. It's very "strategically" located and is, so far, not threatening our daily life. However, if it continues, there are some challenges to deal with in the



immediate area, and in the future, for the Reykjanes peninsula as well. If you are able to travel to Iceland soon, this is something that I recommend to everyone to see.

That said, these challenges sound somewhat like "first world problems", when we look at the effects of Covid around the world, conflict areas and other challenges many nations around the world have to deal with.

Let's turn our attention again to the annual meeting.



*Four for the price of one:
Current and past IPA Iceland Presidents*

We had secured a local sports bar with a room capacity of around 100 people. Due to a very good budget, we were able to offer free drinks all night. There was a decent turnout of about 45 officers, and some new members were recruited.

In attendance were Kristján Kristjánsson and Friðrik Gunnarsson, former presidents of the section, and Árni Pálsson, former secretary general.

Section Iceland's annual meetings usually last around 35 minutes. This meeting turned out to be one of the longest in history, as it lasted approximately 55 minutes.

We honoured Árni and Sveinbjörn Ólafur Ragnarsson for their contribution to the IPA. We also had the opportunity to give Hallgrímur Hallgrímsson his 1st place certificate for the IPA Photo Competition. Hallgrímur donated his prize to the Police Officers' Aid Fund. Well done, Hallgrímur, and sincere thanks to Árni and Sveinbjörn for all their contribution to the IPA.

This was also an election year for all positions. President, Secretary General and Treasurer are elected for 3 years, and other board members for 1 year.

The following police officers (all on active duty) are on the new board for the years 2021-2022 (2024):



*Einar with Árni Pálsson (left), and
Sveinbjörn Ólafur Ragnarsson (right)*

2021-2024

Baldur Ólafsson, President, Sgt Patrol Div, Reykjavik
Hildigunnur Jónasdóttir, Secretary General, Detective, Human Trafficking
Gunnar Helgi Stefánsson, Treasurer, Sgt Patrol Div, Reykjavik.

2021-2022

Selma Sigurbjörnsdóttir, Detective in Akureyri
Friðjón Ingi Sigurjónsson, Sgt Patrol Division, Reykjavik
Gunnar Scheving, Sgt, Training/Operations and Patrol, Reykjavik
Hinrik Konráðsson, Sgt West Iceland Police (Ólafsvík)
Hrannar Þór Arason, Lt. Intelligence Div.
Arnar Þór Egilsson, Sgt. Special Ops, EOD/Diver/Drones
Eiríkur B. Ragnarsson, Lt. District Prosecutor, Investigations.

Section Iceland is aiming to host a professional seminar for its members no later than during the annual meeting next year. We have had a good relationship with local police associations that help us with the cost of such events. We have always invited all police officers to these seminars, regardless of IPA membership, as well as to the social event after the annual meetings. We use this as a tool to recruit new members. We hope that we can get more of the local police associations to cooperate with us, and provide training and education that benefits all officers.

One of my first presidential activities was to guide Craig Philbin, President of Section Gibraltar, and his daughter Katie, to the volcano. Craig and Katie were on a visit to Iceland, and I am very happy that I was able to assist them and carry out the IPA spirit.



Einar Guðberg Jónsson stepped down as President of Section Iceland. Einar joined the IPA in 2001 and was elected to the national board in 2006 as treasurer. That year Einar encouraged me to join the IPA, and I took a seat on the board at the same time.

In 2012, Einar ran for President of Section Iceland and has held that position until now. Einar was elected to the IEB at the World Congress in Dubrovnik and decided that this would be his last term as president of Section Iceland.

Einar has done excellent work for Section Iceland, and will continue to support our section as well as all sections with his work with the IEB as Chair of the External Relations Commission. We have travelled all over the world together to attend IPA events and have gathered great experiences in the IPA world. Congratulations, Einar, and I'll do my best, but I don't fit in your footsteps.

Section Iceland sends its best to IPA members and their families around the world. Let us hope we can see each other very soon!

Servo per Amikeco.

Skál!

Baldur Ólafsson, President IPA Iceland

Obituary Roy Stragnér

IPA Sweden is in mourning.

On 21 June 2021, the longest day of the year, Roy Stragnér passed away after a long illness, surrounded by his immediate family. He leaves behind his son Robert with his wife Madeleine, his grandchildren Emmy, Johanna, Sebastian and Carl, as well as many friends.

Born on 27 March 1930 in the parish of Björkäng's (now Töreboda), Roy had a good career in the Swedish Police. Amongst many other roles, he was the first Swedish Police Liaison officer in the Netherlands, and laid the foundations for this role, which is still in force today. His wife Arina, who he was married to for over 60 years, came from the Netherlands. Roy Stragnér was an educated man and a valued colleague.



IPA Sweden remembers Roy Stragnér as one of its members who put Sweden on the map on an international level during his 50 years of IPA membership. He quickly found himself elected National President of the Swedish section, and received international attention in connection with the IEC meeting in Gothenburg in 1977.

A member of the Permanent Executive Bureau from 1982 onwards, he served as International 2nd Vice President from 1982-1985, as International 1st Vice President from 1985-1988, before leading the IPA as International President from 1988-1994.

For Roy Stragnér, family was important, and he was happy to talk about his children and grandchildren. IPA came next, and he was keen to keep up to date with all IPA developments, both via the IPA Newsletter, or telephone conversations with active members.

We send our sincere condolences to Roy Stragnér's family in this moment of sorrow. We remember him fondly and with gratitude.

Condolences can be sent to:

Mr Robert Stragnér, Lekullen 11, 433 70 Sävedalen, Sweden.

We will miss Roy.

May-Britt Ronnebro & Ivan Sokolowski, former & current Presidents IPA Sweden

IPA Award und Sozialprojekt der IPA Österreich

Corona konnte zwar die IPA Österreichische Sektion daran hindern, ihren 20. Kongress abzuhalten, nicht aber daran, Gutes zu tun.

Daher wurde, wie bei jedem Kongress, auch diesmal ein Sozialprojekt unterstützt, welches die ausrichtende Landesgruppe, heuer Tirol, vorschlug. Zwei kleine Brüder im Tiroler Ötztal leiden an einer schweren Erkrankung, die ständige kostspielige Untersuchungen und Therapien erfordert. Diese Kosten bringen ihre Eltern immer wieder an den Rand ihrer finanziellen Möglichkeiten. Daher hat, zur Linderung dieser Probleme, die IPA Österreichische Sektion mit allen Landesgruppen sich dazu entschlossen, dieser Familie finanziell unter die Arme zu greifen. So konnten der Präsident der Österreichischen Sektion, Martin Hoffmann und der Obmann der Landesgruppe Tirol, Dr. Peter Kern, den betroffenen Eltern und ihren Buben einen Scheck mit einem ansehnlichen Betrag überreichen.



Parallel dazu wurde erstmals der IPA Award der Österreichischen Sektion an eine Einrichtung für ihre sozialen Leistungen übergeben. Dieser beachtliche Betrag wird je zur Hälfte von der IPA Österreichische Sektion und dem IPA Verlag finanziert. Ausgewählt wurde die Tiroler Einrichtung „Arche Herzensbrücken“.



Sie betreut schwer chronisch oder lebensverkürzend erkrankte Kinder und Jugendliche und deren Eltern.

Präsident Martin Hoffmann und Landesgruppenobmann Dr. Peter Kern überreichten im Beisein von IPA Funktionären und Vertretern der Öffentlichkeit einen namhaften Betrag an Mag. Horst Szeli als Vertreter und Initiator der „Arche Herzensbrücken“. Damit wird zwei Familien ein erholsamer Aufenthalt in Seefeld/Tirol ermöglicht.

SERVO PER AMIKECO

Robert Neumann, Generalsekretär IPA Österreich

Women playing Leading Roles in Sports: Sunethra Senevirathne from IPA Sri Lanka

Please see below an interview from April 2021, featuring the sporting success of IPA Sri Lanka Assistant Secretary General, Sunethra Senevirathne, with kind permission of IPA Sri Lanka and the author, Kasun Irugalbandara from the Sri Lanka Sunday Observer.

'Former archer Sunethra Senevirathne is today an International Archery Judge, the first and only one in the country. She is also the Secretary of the Sri Lanka Archery Association.

Last week the Archery Association conducted a trial at Battaramulla to select archers for the forthcoming Olympics. The Youth Observer met her on the side lines of the selection process.



Q. How did you get involved in this sport?

A: A workshop on archery was conducted at my place of work in 2004 and I participated in it. I was attracted to the sport and got involved in it. That is the beginning of the relationship between this sport and myself. I became an archer and continue this sport too.

Q. But today you are not a player, but an international archery referee, and the first in Sri Lanka. Isn't that so?

A: Yes. I am the first international archery judge in the country. It is a remarkable milestone personally for me and the game in our country.

Q. How did you become an international referee? Could you describe the path?

A: At the South Asian Games in 2006 I had the chance to enter the judging panel. The Archery Federation conducted a workshop under an Indian archery judge. I thought to myself that was the time to change my path and become an international judge. That is how my path changed.

Q. How did you enter the judging panel in the international arena?

A: After I completed the workshop, I was trying to find a way to obtain qualifications to become an international judge. Then I got to know that one had to pass the International Judging Examination to become an international judge. At that time there was a judges seminar and international examination in Taiwan, and I decided to participate in it. That was the first step of my path to become an international judge.

Q. Did the Archery Federation of Sri Lanka sponsor you for the international examination?

A: I represented the Sri Lanka Archery Association. But they never paid any money for my expenses. I had to bear the cost for this seminar in Taiwan personally.

Q. What was your experience in Taiwan? Was the examination easy?



A: It was the toughest examination that I had ever faced. My colleagues who I met in Taiwan helped me to study for the examination. I was the only candidate without laptop and multimedia equipment. Due to this I was nervous, but my colleagues came forward to help me. We studied throughout the night up to the day of the examination. Finally, I passed it and became a continental judge in Asia. That was my first victory on my path to become a member of the international judging panel.

Q. Were you the only person from Sri Lanka at the examinations?

A: No there was another Sri Lankan. Around 60 candidates faced the examination, but only 18 were passed.

Q. So in 2008 you became a continental judge. What was the first international tournament you judged in the Asian region?

A: The 5th Asian Grand Prix Archery Tournament in Bangladesh was my first international meet. I went there at my own expenses and became the first Sri Lankan judge to referee an international tournament. I will never forget that day.

Q. How did you reach the next level?

A: If a judge completed the judging assignment in a continental competition well, then he or she was recognised as a qualified judge in the world arena. I had an ambition to go to the world stage as a judge one day; that was the path of my judging journey in archery.

Q. So you gave up your role as an archer after you became a judge?

A: No, in 2008 I represented the country as an archer. I participated in the Asian Archery Championship held in Myanmar. I also represented the country at the South Asian Games in 2016.

Q. Didn't you think it is unethical to be a player as well as a judge?

A: At one time, it did not deeply concern me. In the South Asian region, we can compete as players. But in Asia or in a world competition it is not ethical to take part

as a player. Due to this I thought of retiring as a player. The chairman of the international judges' panel also advised to give up being a player. However, I love to take part as a player.

Q. We heard that you had passed another international examination in judging after 2008. What was it?

A: Yes, it was held in Thailand in 2010. Then I was recognised as a full international judge. I was lucky to be a judge at the World Cup finals in Turkey; the highlight was being selected to judge the archery finals. I was a member of the three-judge panel.

Q. How did you achieve success easily?

A: No. It was never easy. World level competitions are live streamed demoted. Judges are rated once in three months. The judge committee sends us a case study question paper. If you did not perform well at your last competition, then too your ratings go down. But I try to do my best as a judge every time and it has helped to build my image in the international arena. Every four years we have to sit an international judging accreditation test. It is an open book examination, but we must get over 95 percent marks to pass the examination.



Q. That examination is like our grade five scholarship examination.

A: Exactly. If we want to continue our career, we must score high marks. I got 99 and 98 at these examinations in the past. That was one of the reasons for my success.

Q. You have succeeded in the international arena which means that women can succeed anywhere. Is it equality of gender?



A: Gender is not a barrier to find success in our life's journey. If you have real inspiration to fulfil your tasks you must try to walk step by step on that path. Then you will meet success. My family, especially my husband, is behind me and my workplace backs me every time to overcome challenges. So I like to tell other women to come forward and fulfil your dreams. You have plenty of opportunities in the world. I am one example for you.'

Interviewed by: Kasun Irugalbandara, Sunday Observer (Sri Lanka)

IPA Brazil celebrate Olympic Day

Following the cancellation of the Olympic Games in 1940 and 1944 due to WW II, the idea of instituting a date to commemorate the Olympic Day arose in 1947. Approval was given the following year, setting the date of 23 June in honour of the day of the founding of the IOC (1894) in Paris.

IPA Brazil, in partnership with the Cultural Integration Center of São Paulo, celebrated the Olympic Day with a large gala event, with an emphasis on the Olympic Games in Japan. Paralympic and Olympic athletes who will represent Brazil in Tokyo were honoured with the “Olympic Personality” award.



Coincidence or not, the opening of the Tokyo Olympics, after being transferred to July 23, 2021, will be exactly 30 days after the celebration of the Olympic Day (June 23), and will extend until 8 August. The Paralympic Games will be held between 24 August and 5 September.

The highlight of the event occurred when students from the Olympic preparatory school for underprivileged boys and girls, supported by IPA Brazil, brought the Olympic symbol at the time of the commemorative tribute to the “Olympic Day”.



The International Police Association – IPA has its own police games, the IPA Games, which will be hosted by IPA Brazil in 2024, in the country's capital, Brasília.

Joel Zarpellon Mazo, President IPA Brazil



IPA Montenegro organise conference on 'Police and Covid-19'

Section Montenegro organised an international conference entitled "Police and Covid-19" from 4-6 June 2021 in Čanj, Montenegro. The conference was attended by around 60 members from eight IPA Sections: Bosnia and Herzegovina, Romania, Russia, the Republic of North Macedonia, Serbia, Poland, Section in Foundation Albania, and Montenegro.



Each delegation held a short presentation on the challenges the police and IPA sections faced during the pandemic, ways of overcoming these, as well as on donations and support that IPA Sections offered during this period. Participants exchanged their experiences and contacts, both during the conference and on a short boat cruise and dinner party. At the end of the conference, the participants were given a presentation on an online course in response to Covid-19 at the points of entry into countries,

prepared by the International Organisation for Migration (IOM), which will be forwarded to all participants and members of IPA sections.

After the conference, Section Montenegro signed an Agreement of Cooperation with the representatives of the hotel Montenegro in Čanj (<http://hotelmontenegrocanj.me>). A similar agreement has been signed with the representatives of Hotel Adonis from Zlatibor, Republic of Serbia (<https://adonis-resort.com>), which will also offer discounts to all IPA members.

One of the conclusions at the Conference was that regardless of how hard the pandemic has challenged police officers as well as IPA members, and considering that it will undoubtedly continue to make living and working conditions harder, solidarity and responsibility of policemen and -women is vital in order to overcome similar situations.

The conference was also an opportunity for Section North Macedonia to announce the Mediterranean Conference to be held online on 18 June 2021.

Hoping that the Covid-19 pandemic will soon pass, this conference has marked the beginning of new gatherings and the continuation of friendship.

SERVO PER AMIKECO!

Vojislav Dragović, President IPA Montenegro



IPA Poland's Region Lower Silesia launches #MeetingAtTheSummit 2

On the first weekend of June, just after most of the Covid-19 restrictions in Poland had been lifted, IPA Region Lower Silesia started the second edition of an event introduced last year to celebrate the 70th anniversary of the International Police Association - **#MeetingAtTheSummit**.



This time we would like to invite IPA members a bit closer to the capital of our province, and to try their best at climbing the peak of the Ślęża mountain.

This ancient sacred place for the pagan cult of the sun deity, reaching back to the 7th century BC, is a nature reserve consisting mostly of granite, is 718 m high and covered with forests.

A short distance from Wrocław, Świdnica and Dzierżoniów, makes Ślęża one of the most popular tourist attractions in the region. On the top of the mountain one can find a tourist mountain hut, a television and radio mast, the Church of the Visitation of the Blessed Virgin Mary, ruins of the castle, an observation tower and an ancient (probably Celtic) sculpture of a bear.



As a reminder: the idea of this event is to encourage IPA members to be active and to explore the charming places of our region in a spirit of friendship and competition. Each member who reaches the summit by covering at least 10 km (ascent and descent) and documents the activity with a running app or photo, will receive a commemorative pin.

This time, however, to spice up the competition, all pins will be numbered, and winners will be placed on a winners' list.

The first occasion to reach the summit and to receive the pin number 1 was on Saturday, June 5th, when on a nice, sunny day IPA Region Wrocław proposed „a small competition”: running up Ślęża along the route of the Ślęża Winter Half Marathon. The joint start took place at 9:30 am from the stadium in Sobótka.

The finish line was at the mountain shelter on Ślęża. A total distance of about 11 km. The race took place in a friendly atmosphere, and all participants won. Each contestant received a commemorative pin. Among the first group of the conquerors of Ślęża was former President of IPA Poland – Fryderyk Orepuł – congratulations!

Since June 5th, a number of IPA members from Lower Silesia took up the challenge and faced the trails to the summit of Ślęza, whether on foot or by bike, at any time of the day – even to admire the charming sunset! The event is on, the summit is to be taken, and the badges are still to be won.



We encourage IPA members all over the world to participate in the events available in their sections, in order to restore normality and to cherish the values of our Association through service and friendship.

Michał Sługocki, Secretary Region IPA Wrocław, IPA Poland

Recruiting IPA Members right from the Start: IPA the Netherlands present the IPA at the Police Academy

On 25 May 2021, our members Rik Dokter and Wesley Miljoen were present at the police academy in The Hague (the Netherlands), to recruit young police officers for the IPA. We arrange our recruitment at the same time as the police unions.

In the Netherlands, we are keen to organise more activities for young police officers, and to give them more opportunities to exchange valuable experiences with colleagues abroad.

We therefore intend to make agreements with our neighbours, Germany, Belgium and the United Kingdom. The anticipated exchanges should attract many young colleagues, and make the IPA an interesting option for them at the same time.



Kees Jongh, Secretary General IPA the Netherlands

IPA Serbia found Club for Female IPA Members

On 22 May 2021, following the Board of Directors' decision, the Founding Assembly of the first "Ladies Club of the National Section of IPA Serbia" was held. This is a unique event in the history of IPA Serbia, dedicated to the female members of our association.



To quote Željana Tomašević, First Lady and President of the Ladies' Club of national section IPA Serbia, "The Club will play a leading role in promoting women in the police, achieving IPA goals and tasks, by actively encouraging and networking at local, regional and international level. This will contribute to raising the reputation of the Republic of Serbia and the Ministry of Internal Affairs in the world. Also, each meeting of the Ladies' Club will be of an educational

character with the intent of developing certain skills needed for the realisation of their goals and tasks. Connecting through the Ladies' Club will prove useful in many ways, such as embracing new ideas and new acquaintances, exchanging useful information and professional experiences, and creating a new era of police without borders".



After the founding of the club, a seminar was held for all the members on the topic of "Public Relations - Business Communication", lectured by an eminent professor, after which all participants were awarded a certificate.

Zdravko Đurić, IPA Serbia IEC Delegate

IPA Romania hold Regional Conferences in the Danube Delta

With the first signs of normality appearing after the covid restrictions, the IPA Romanian Section rose to the level of the expectations of its members, who were eagerly looking forward to the first face-to-face meetings.

Therefore, at the end of May 2021 and the beginning of June, two regional conferences were organised in the Danube Delta, where our members socialised, and were able to spend time with each other after a long break. The participants talked, shared thoughts, smiled and most of all, had fun.

The Danube Delta has always been, and will remain a place of miraculous contemplation, and all participants could experience the beautiful sights of these places, and the traditions of Dobrogea, together with their loved ones.

The issues related to the way the association should develop further were discussed in a short presentation, and several points related to the future of the IPA were highlighted, such as rebranding, marketing, the development of modern communication channels, etc.



It is worth mentioning that delegates of IPA Moldova followed our invitation to the conference, thus enabling us to reopen our programme of international activities. It is always a great opportunity to meet the Romanians from across the Prut, our friendship representing a real bridge across the border. We hope that IPA life will return to normal soon, and that we will be able to organise further such activities in the near future, especially as our members' expectations are high.

Mihai-Liviu Tărtăreanu, President IPA Romania

News from the IPA in Trinidad and Tobago: An active Games Night accompanied by Trini-style Fish Broth

IPA Trinidad and Tobago, foreign associate region 101 of IPA USA, was pleased to offer a games night on Saturday 20 March 2021, held at the Municipal Police Academy from 3:00 - 9:00 p.m., prior to the current second covid-19 wave. As you can see from the photo, this event proved highly popular, and attracted forty-two (42) members, who jumped at the opportunity to socialise following the restrictions imposed during the first wave of the pandemic in our country.



Our members enjoyed participating in musical chairs, a line dance and different board games, including Jenga, which was the most popular game of the evening.

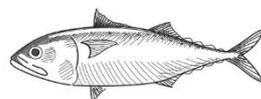
While drinks and appetisers were supplied, a few members chose to cook fish broth, a local soup loaded with vegetables, and flavoured with herbs and thick slices of marinated fish on site, a delicacy which won the hearts of everyone present.



As was to be expected, this very delicious soup did not last very long. Absolutely no left-over or take-away! The event was very successful and not only met, but by far exceeded our intentions, which was building friendships through physical interaction.

To give you a real taste of Trinidad and Tobago, and a chance to share the atmosphere of the evening enjoyed by our members, please see an easy-to-follow recipe for the fish broth.

Why not give it a go? Feel free to send us some photos of your results! 😊



Trini-style Fish Broth

Ingredients

- 2 large fish steaks (1-2 lbs.), which fall apart in chunks when cooked, cleaned, and seasoned with fresh green seasoning for at least an hour or overnight
- 1 tbsp butter
- 1-2 tbsp of olive oil
- 1 large onion, chopped
- 3 cloves garlic, minced
- 1 tsp of minced ginger
- 2-3 tbsp of fresh green seasoning
- 1 tsp thyme
- 1 large carrot, sliced
- 2 stalks of celery, chopped
- 2 tomatoes, chopped
- About 2 cups worth of provision of your choice, or some of each of sweet potato, potato, dasheen, eddoes and two green figs, and a small piece of pumpkin all chopped into large pieces.
- 6-8 cups of water or broth and more if needed
- Salt and pepper to taste



Directions

1. In a large soup pot heat butter and oil to medium heat and add the onion, carrot, and celery, and sauté for 5-8 minutes until they are softened.
2. Add in the garlic, tomatoes, ginger, thyme and green seasoning, and sauté until tomatoes break down. Season well with salt and pepper.
3. Add the broth (chicken for more flavour) or water, and let the veggies simmer for another 5-10 minutes allowing them to cook down further
4. Add your provision and continue to simmer until the provision is just about cooked
5. Add your seasoned fish and simmer until fish is flaky and cooked through, approx. 10-15 minutes.
6. Add more water or broth as needed, and test for salt and pepper. Once fish is done, serve and enjoy!

Curtis S. Belford, President T&T foreign associate region (text & photos)

May-Britt Ronnebro, IPA Secretary General (recipe)

ON THE TABLE OF THE IEB

Motion for Change ...

While the IEB normally meet for a couple of hours on Zoom every three weeks and discuss all matters IPA related, on June 1st & 2nd 2021, we held a full 2-day IEB meeting online. One of the items on the agenda was 'motions' to the World Congress. Motions are something that the IEC debate every year, so I began wondering where the procedure of motions ever came from.

Much of my research pointed in the direction of U.S. Army Major Henry Martyn Robert, who in 1876 wrote a book called 'Robert's Rules of Order', after presiding over a church meeting, where delegates from different areas of the country did not agree about proper procedure. Today 'Robert's Rules' has become a guiding manual for parliamentary procedure, and governs most organisations with boards of directors.

A motion is a formal proposal by a member of an assembly that the assembly take certain action. They are used in conducting business in almost all legislative bodies worldwide, and are used in meetings to aid the group decision-making process. Motions are generally used to bring new business before the assembly, and are the legal mechanism in bringing about a rule change.

The main agenda of the IPA World Congress deals with motions that are proposed by both National Sections and the International Executive Board (IEB), which are then voted on by the delegate of each National Section, as well as the IEB having a collective vote, and using a majority voting system.

These motions then become morphed into our IPA statutes, rules, and procedures. The IPA documents are a living document that guides the association.

Someone once said that rules are nothing but old habits that people are afraid to change; so why don't you be the change you want to see in the IPA World?

Servo per Amikeco.

Mick Walsh, Treasurer Finances



Welcome to new SCC Member Thierry Larrouy!

The IPA Socio-Cultural Commission (SCC) is happy to welcome a new member, Mr. Thierry Larrouy, the President of Section France.

Thierry is a very active IPA member, and a hard worker. He retired recently from the French National Police as a divisional commander.

A few words about Thierry:



He started his career in 1983 in the suburbs of Paris in a unit fighting against drug trafficking, followed by two years' service at the French Central Narcotic Office where he was assigned missions and was involved in international relations.

In 1992, Thierry moved to the French island of "La Réunion" in the Indian Ocean, where he worked as an investigator.

From 1996 onwards, he has been staying in Montauban, not far from Toulouse.

Thierry has been an IPA member for many years. Before being elected President of the French section in March 2018, he held the position of Travel Secretary for 5 years.

He speaks several languages, including French, English and Spanish.

Thierry is a person with vision and a strong desire to offer his assistance to the IPA.

As far as his work in the SCC is concerned, I am pleased to inform you that Thierry has already started working on two projects:

- Pen pals
- Hosting and welcoming

Further details on both new projects will be announced soon.

Welcome to our commission Thierry!

We are looking forward to working together for the benefit of all IPA members!

Kyriakos Karkalis, Vice President & Chairperson Socio-Cultural Commission

LAST WORD

At the beginning of June, I received an invitation to a garden party. Lovely in any case, given that get-togethers have only recently been allowed once more here in England, but all the more special as it formed part of the UK's Volunteers' Week.

To be honest, I had never heard of such a week before, so I had a look to find out that 'Volunteers' Week is a time to say thanks for the contribution millions of people make across the UK through volunteering', according to the website of Volunteers' Week.

I had been volunteering for one of my kids' sports clubs for a long time, but this year have become more closely involved in two further causes: I have trained to become a vaccinator with St John Ambulance to assist with the covid vaccinations, and have become a coach for Read Easy, a charity that helps adults learn to read.

I am a strong believer in looking at the glass being half full rather than half empty, and making the best out of any situation, so after $\frac{3}{4}$ of last year working from my kitchen table at home and starting to feel a bit down with one lockdown quickly following another, I decided it was time to learn something new and meet new people. Both the vaccinating and the reading coaching for sure have done the job, so to speak, and both organisations have given me back so much more than I think I have put in!

The garden party, by the way, was lovely – very English – in a cottage garden, with comfy chairs and tea & cakes. The best part was meeting people in person and seeing so many happy faces. During the event, I was given a small envelope with a card simply saying 'Thank You'.

So, I would like to take this opportunity to pass my lovely thank-you card virtually on to you! Everyone who writes articles for our international newsletter is a volunteer for the IPA. You will have joined the association for all sorts of reasons, and some of you will be able to devote more time to the IPA than others, but it is still a great joy to me every month to see how many sections take the time to send their articles to be published. This month, 11 sections came forward, and overall, from January, volunteers from 31 sections have contributed.

Thank you!

Elke



